**The Four B’s**

**On the Sport grounds**

**![C:\Documents and Settings\cduaime\Local Settings\Temporary Internet Files\Content.IE5\ER5YRXO2\MPj02627070000[1].jpg]()Be respectful**

* Include others in your games
* Use a pleasant voice
* Share equipment fairly
* Line up when the whistle blows

**Be responsible**

* Use equipment the way it is designed to be used
* Put equipment away
* ![C:\Documents and Settings\cduaime\Local Settings\Temporary Internet Files\Content.IE5\B31QVDC2\MPj04231160000[1].jpg]()If you’re angry, take time to cool off

**Be honest**

* Take responsibility for your actions
* Get help if someone is in trouble

**Be safe**

* Don’t use full power (think 50% safe/50% fun)
* Wear appropriate clothing
* Keep your hands and feet to yourself
* ![C:\Documents and Settings\cduaime\Local Settings\Temporary Internet Files\Content.IE5\G89FDCTR\MPj04383810000[1].jpg]()Get permission from an adult before you leave the Sport grounds