**Ancient Games Organization:**

**Intro/ Tune in:**

The Grade 2’s are on their unit of long-long ago, therefor we would like to take a look at games from the past. Who knows of a game that his/her parents used to play a lot when they were still in school? Do we still play these today? Why, why not?

**Main part:**

**3 stations – students are to be divided into three groups.**

**Station 1: to be played in two teams/on two fields.**

Everybody starts standing in a circle, one person gets to start and chants:

“Turn around, touch the ground and the ball belongs to…(name)” As soon as he calls out the name the ball is thrown straight into the air and everybody runs away. The student whose name has been called has to catch the ball as soon as possible. When the ball is retrieved he/she shouts “STOP”. All the others have to stop running and freeze on the spot, whilst having and open stance with their legs. The child with the ball tries to roll it between a persons legs but is first allowed to take 3 large steps towards his target. Has this been achieved then the person who rolled the ball gets to throw it up in the air, if not then the person who was the target gets to start the game anew.

**Station 2:**

**Hula Hoop & Skipping rope**

Divide the group in two; one half starts with the

**Hula hoops**:

* rolling it over the floor
* try to keep it rolling
* roll it away and try to crawl through it
* toss it away and make it come back
* hula hoop around the waist, leg, neck, arm

**Skipping rope:**

* single; basic forward jump, backwards jump, with side swings, with crossed arms, double jump, on one leg, whilst walking/running etc.
* in pairs; rotate in two’s a short rope and try to jump in/out
* in threes; two rotating the rope, one person jumping
* the whole group:
	+ try to run through
	+ try to run in and jump
	+ all jump at the same time

**Station 3**

**Elastics & Hop scotch**

Hop scotch: draw 4 different hop scotch lay outs on the floor play against eachother.

**Elastics** in three’s: (http://www.youtube.com/watch?v=GE6aE-g4jIw&feature=related)

* start inside the rope: in-out 7x finish on top
* start one foot in one foot out and jump side to side 7x
* slight V-stance with feet on rope: 7x on top
* England (one foot in) Ireland (switch to other side) / Scotland (back) Wales (back) / inside /outside / inside / scales (on top)